

March HBC aerobic calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 9:30 Interval Kelly 6:30 Pilates Marcell	4 9:30 Weights Roanna 6:30 Cardio Roanna	5 9:30 Step Carianne	6 9:30 Weights Roanna 6:30 Cardio Rachael	7	8 9:00 Kick Boxing Lisa
9	10 9:30 Interval Kelly 6:30 Pilates Marcell	11 9:30 Weights Roanna 6:30 Cardio Roanna	12 9:30 Step Carianne	13 9:30 Weights Roanna 6:30 Cardio Rachael	14	15 9:00 Kick Boxing Lisa
16	17 9:30 Interval Kelly 6:30 Pilates Marcell	18 9:30 Weights Roanna 6:30 Cardio Marcell	19 9:30 Step Carianne	20 9:30 Weights Carianne 6:30 Cardio Rachael	21	22 9:00 Kick Boxing Lisa
23	24 9:30 Interval Kelly 6:30 Pilates Marcell	25 9:30 Weights Roanna 6:30 Cardio Marcell	26 9:30 Step Carianne	27 9:30 Weights Roanna 6:30 Cardio Rachael	28	29 9:00 Kick Boxing Lisa
30	31 9:30 Interval Kelly 6:30 Pilates Marcell					